



## **The Michigan Folk School**

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## **What to Bring**

### **Dressmaking: Sew a Perfect Fit T-shirt (about \$10-\$30)**

- 1 1/4 yards of knit fabric at least 45" wide. The stretchier the fabric, the more fitted the shirt. I would choose a jersey; an interlock will likely be too thick but if you know you want a loose, structured shirt (not drapery) it may be a good choice for you. If you want long sleeves, get more fabric.
- Thread to match your fabric. Choose a quality thread, poor quality thread will give you trouble in your machine and be less durable on your garment. I prefer the Gutterman Brand.
- Jersey or Knit Needles, either a medium-size or a variety pack. You want the needle to match the weight of your fabric. (smaller needle for a thin, lightweight knit fabric and a thicker needle for thicker knit fabric) Size 14 is a good average size.
- Wash Away Tape - Like Wonder Tape - for hemming
- Bring your sewing machine, power cord, foot pedal, standard presser foot, owners manual (important!), bobbins, sewing kit, needles, thread, fabric. Your machine need only be able to do a straight stitch and a zig-zag.
- Remember to prewash and dry your fabric so that your final project doesn't shrink.